



“Hot Tips” on Heat Exposure **Subject of Aug.16 CONN-OSHA Breakfast**

WETHERSFIELD, Aug. 10 – John Able, Department of Labor’s CONN-OSHA Training Specialist will address heat illness prevention at a Breakfast Roundtable session on Aug. 16. Sponsored by CONN-OSHA, the session will run from 8:15 to 9:45 a.m. in Conference Room A/B of the Department of Labor’s Central Office located at 200 Folly Brook Boulevard in Wethersfield.

“Tragically, all-too-many workers perish from heat stroke every summer; something that’s not only unfortunate, but preventable,” explains Able, who also coordinates the Breakfast series.

“Heat illness can often be debilitating, causing the shutdown of major organs and resulting in acute heart, liver, kidney, and muscle damage. It can also cause problems in the nervous system and blood disorders. Workers who suffer from heat exhaustion are at a greater risk for accidents since they are less alert and due to this exposure, can become confused more easily,” he added.

The Aug. 16 session goal is to alert everyone to early warning signs. Attendees will receive posters, fact sheets and other informational materials they can post in their workplaces – in English and Spanish – along with informational handouts including a training guide for supervisors to use in their discussions with workers about heat hazards.”

Time permitting, each participant will be asked to submit a question for discussion and the audience will be invited to share their opinions regarding the issue.

Admission to the roundtable is free, but pre-registration is required. To register, or for additional information, please contact John Able via email at able.john@dol.gov

#

Media Contact: Nancy Steffens, Communications Director

200 Folly Brook Boulevard, Wethersfield, CT 06109-1114
Phone: (860) 263-6535 – Fax: (860) 263-6536 – www.ct.gov/dol
An Equal Opportunity/Affirmative Action Employer