



Hamden *CTWorks*' Schedules Workshop Sessions in September

WETHERSFIELD, Aug. 5, 2011 – Connecticut Department of Labor employees in the agency's Hamden *CTWorks* Center will, during September, offer a variety of training and employment workshops to assist area residents with their career needs. The no-cost workshops will be held in the office, located at 37 Marne Street.

Due to space limitations, individuals interested in attending any of the workshops are asked to call the Hamden *CTWorks* Center in advance at (203) 859-3200 to register.

September 1

Foundations of Investing: This workshop is an overview about bonds, stocks, mutual funds and asset allocation. It runs from 2 to 3 p.m.

September 2

Job Search Strategies: This 9 a.m. to noon workshop gives attendees job search strategies, as well pointers on telephone skills, networking, the hidden job market and interviewing techniques.

September 6

Interviewing Techniques: In this 9 a.m. to noon session, participants will learn about interview preparation and techniques and strategies for answering questions.

Making Sense of Retirement: This workshop is about investing, including key terms and investment types with a focus on retirement. It runs from 2 to 3 p.m.

September 7

Internet Job Search: This workshop, scheduled from 9 to 11 a.m., is an overview of job search strategies using the Internet, and will also provide them with information about the most helpful sites to visit.

September 9

Computers for Beginners: Reservations are recommended for this 9 to 11 a.m. beginner's course designed to familiarize participants with computers.

(More)

September 12

40 + Looking for Work: Designed to address the specific needs and challenges of job

Media Contact: Nancy Steffens, Communications Director

200 Folly Brook Boulevard, Wethersfield, CT 06109-1114
Phone: (860) 263-6535 – Fax: (860) 263-6536 – www.ct.gov/dol
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seekers over 40, this 8:30 a.m. to 12:30 p.m. workshop will provide attendees with strategies to overcome age bias and successful techniques to land and keep their next job. **VETS Information Session:** This 1 to 3 p. m. information session gives military veterans an overview of services available through the Connecticut Department of Labor.

September 16

Résumé Basics: If this is the first time you are putting together a résumé -- this is the workshop to attend. It runs from 9 a.m. to noon.

September 19

Job Club: Members of this group, which meets from 9 to 11 a.m., will learn how to use networking as part of their job search. They'll also pick up other worthwhile tips.

VETS Information Session: This 1 to 3 p. m. session provides an overview of services available for veterans.

September 23

40 + Looking for Work: Designed to address the specific needs and challenges of job seekers over 40, this 8:30 a.m. to 12:30 p.m. workshop will provide attendees with strategies to overcome age bias and successful techniques to land and keep their next job.

September 26

VETS Information Session: This 1 to 3 p. m. information session for military veterans provides an overview of services available through the Connecticut Department of Labor and the community for veterans.

September 27

Myers-Brigg Workshop: In this 9 a.m. to 3 p.m. workshop, participants will learn how to conduct a personality assessment to help with their career and job choices. They will also discover their individual style, work temperament and job search strengths/.

September 29

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September 30

Social Networking: Participants in this 9 to 11 a.m. session will learn how to use *Facebook*, *LinkedIn* and other technology for their job search. Safety and security measures will also be discussed.

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