



Hamden CTWorks Center Schedules May Workshops

WETHERSFIELD, April 11, 2011 – Connecticut Department of Labor employees in the agency's Hamden *CTWorks* Center will offer a variety of training and employment workshops during May to assist area residents with their career needs. The no-cost workshops will be held in the office, located at 37 Marne Street. Due to space limitations, individuals interested in attending any of the workshops are asked to call the Hamden *CTWorks* Center in advance at (203) 859-3200 to register.

May 2

Interviewing Skills: This 9 to 11 a.m. workshop details the various types of interviews; preparing for an interview, and how to handle those "tough questions" that a potential employer might ask. Participants will also have the chance to role play in the form of a mock interview.

VETS Information Session: This 1 to 3 p. m. information session for military veterans provides an overview of services available through the Connecticut Department of Labor and the community for veterans.

May 4

Résumé Basics: If this is the first time you are putting together a résumé -- this is the workshop to attend. It runs from 9 a.m. to noon

May 6

Job Search Strategies: This 9 a.m. to noon workshop gives attendees an overview of job search strategies, as well pointers concerning telephone skills, networking, the hidden job market and interviewing.

May 9

40 + and Looking for Work: Designed to address the specific needs and challenges of job seekers over 40, this 8:30 a.m. to 12:30 p.m. workshop will provide attendees with strategies to overcome age bias and successful techniques to land and keep their next job.

VETS Information Session: This 1 to 3 p. m. information session for military veterans provides an overview of services available through the Connecticut Department of Labor and the community for veterans.

(More)

May 10

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Computers for Beginners: Reservations are recommended for this 9 to 11 a.m. beginner's course designed to familiarize participants with computers. Topics include hardware, software, and the operation process, including how to start up and shut down the computer.

May 11

Internet Job Search: This workshop, which is scheduled from 9:30 to 11:30 a.m., will give participants an overview of job search strategies using the Internet, and will also provide them with information about the most helpful sites to visit.

May 12

Job Club: Members of this group, which meets from 9 to 11 a.m., will learn how to use networking as part of their job search. They'll also pick up other worthwhile tips.

May 16

VETS Information Session; This 1 to 3 p. m. information session for military veterans provides an overview of services available through the Connecticut Department of Labor and the community for veterans.

May 18

Social Networking: Participants in this 9:30 to 11:30 a.m. session will learn how to use *Facebook*, *LinkedIn* and other technology for your job search. Security and safe practices are also included.

May 23

VETS Information Session: This 1 to 3 p. m. information session for military veterans provides an overview of services available through the Connecticut Department of Labor and the community for veterans.

May 26

40+ and Looking for Work: Designed to address the specific needs and challenges of job seekers over 40, this 8:30 a.m. to 12:30 p.m. workshop will provide attendees with strategies to overcome age bias and successful techniques to land and keep their next job.

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