



Hamden CTWorks Center Offers Variety of April Employment Workshops

WETHERSFIELD, March 4 – Connecticut Department of Labor employees in the agency's Hamden CTWorks Center will offer a variety of training and employment workshops during the month of April to assist area residents with their career needs. The no-cost workshops will be held in the office, located at 37 Marne Street.

Due to space limitations, individuals interested in attending any of the workshops are asked to call the Hamden CTWorks Center in advance at (203) 859-3200 to register.

April 4:

Interviewing Skills: This 9 a.m. to noon workshop details the various types of interviews, including preparing for an interview and how to handle those "tough questions" that a potential employer might ask. Participants will also have the chance to role play in the form of a mock interview.

VETS Information Session: This 1 to 3 p. m. information session, geared for military veterans, provides an overview of services available through the Connecticut Department of Labor and the community for all veterans.

April 6:

Résumé Basics: If this is the first time you are putting together a résumé – then this 9 a.m. to noon workshop is one to attend.

April 8:

Job Search Strategies: This 9 a.m. to noon workshop provides attendees with an overview of job search strategies, as well pointers concerning telephone skills, networking, the hidden job market, and interviewing techniques.

April 11:

Over 40 and Looking for Work: Designed to address the specific needs and challenges of job seekers over 40, this 8:30 a.m. to 12:30 p.m. workshop provides attendees with strategies to help overcome age bias and successful techniques to land and keep that next job.

Media Contact: Nancy Steffens, Communications Director

200 Folly Brook Boulevard, Wethersfield, CT 06109-1114
Phone: (860) 263-6535 – Fax: (860) 263-6536 – www.ct.gov/dol
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April 11:

VETS Information Session: This 1 to 3 p. m. information session, geared for military veterans, provides an overview of services available through the Connecticut Department of Labor and the community for veterans.

April 12:

Computers for Beginners: Reservations are recommended for this 9 to 11 a.m. beginner's course designed to familiarize participants with computers. Topics include hardware, software, and the operation process, including how to start up and shut down the computer.

April 13:

Internet Job Search: This workshop, scheduled from 9:30 to 11:30 a.m., gives participants an overview of job search strategies using the Internet, and will also provide information regarding the most helpful online employment sites to visit.

April 14:

Job Club: Members of this group, which meets from 9 to 11 a.m., will learn how to use networking as part of their job search as well as other worthwhile tips related to finding new employment.

April 15:

Salary Negotiations: In this 9 to 11 a.m. workshop, participants will discuss how to determine what type of salary they should aim for *prior* to an interview, and how to talk about the subject with a potential employer.

April 18:

VETS Information Session: This 1 to 3 p. m. information session, geared for military veterans, provides an overview of services available through the Connecticut Department of Labor and the community for veterans.

April 20:

Social Networking: Participants in this 9:30 to 11:30 a.m. session will learn how to use *Facebook, LinkedIn* and other technology for a successful job search. Security and safe practices are also included.

April 25:

VETS Information Session: This 1 to 3 p. m. information session, geared for military veterans, provides an overview of services available through the Connecticut Department of Labor and the community for veterans.

April 27:

40+ and Looking for Work: Designed to address the specific needs and challenges of job seekers over 40, this 9 a.m. to 1 p.m. workshop provides attendees with strategies to overcome age bias and successful techniques to land and keep that next job.