



## **April 26 CONN-OSHA Session Addresses Materials Handling & Ergonomics**

WETHERSFIELD, March 28, 2011 - Applying ergonomics to manufacturing processes or office environments can be of remarkable benefit to a worker's physical well-being.

Thus, an April 26 workshop titled *Materials Handling and Ergonomics*, which is sponsored by the Connecticut Department of Labor's Division of Occupational Safety and Health (CONN-OSHA), represents some welcome assistance. The free session will take place at the agency's Wethersfield Central Office, located at 200 Folly Brook Boulevard from 10 a.m. to noon.

"Our *Materials Handling & Ergonomics* workshop will help participants develop their own process for recognizing and quantifying risks, creating cost-effective solutions, and documenting the results," explains John Able, CONN-OSHA Occupational Safety Training Specialist and Certified Safety Professional, who will conduct the session. "We will discuss a number of manufacturing case studies that have improved worker safety and health with minimum cost."

To register, or for additional information, please contact John Able via email at [able.iohn@dol.gov](mailto:able.iohn@dol.gov).

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