



MEDIA RELEASE
CT Department of Labor *Communications Office*
Commissioner Kurt Westby

TORRINGTON AMERICAN JOB CENTER OFFERS OCTOBER EMPLOYMENT AND TRAINING WORKSHOPS

TORRINGTON – The Connecticut Department of Labor and the Northwest Regional Workforce Investment Board are offering a variety of training and employment workshops to assist Torrington-area residents in October at the Torrington American Job Center, 59 Field Street.

To register for these no-cost workshops, please go to CTHires.com or call the phone numbers listed below. In addition to these workshops, the Resource Room continues to offer job-related Internet access and online application assistance. The following workshops are now being offered:

Job Readiness Workshop: October 1 and 2 from 9 a.m. – 1 p.m.

Learn about life and the technical skills required to secure and sustain employment. Call 860-496-3500 ext. 200 to register

Health Professions Opportunity Grant Orientation: October 3 from 10 – 11 a.m.

Learn about careers in the health care field through the Careers Advancement Project. Eligible participants can receive training that will assist them in securing a job, and advancing a career in the healthcare field. Call 203-574-6971 ext. 435 to register.

Workforce Innovation and Opportunity Act (WIOA) Information Session: October 3, 10, 17, 24 and 31 from 9 a.m. – noon. Participants can review process and eligibility requirements for funding of job training programs through this federal employment initiative. No appointment is needed.

Fundamentals of Résumé Writing: October 8 and October 29 from 9 – 11:30 a.m.

Learn how to write a focused résumé needed to secure job interviews and employment offers. Topics include thinking like an employer, strategies for developing essential parts of the résumé, keywords, relevant vs. irrelevant information, formatting and cover letters. Call 203-437-3380 to register.

Successful Job Search Strategies: October 15 from 9 – 11:30 a.m.

Learn job search strategies to help successfully secure your next position. Topics include employer research, importance of preparation and organization in the job search, networking and using social media to establish a digital presence. Call 203-437-3380 to register

Northwest Connecticut Construction Careers: October 16 from 9 – 10 a.m.

This workshop is an orientation for individuals seeking employment in construction-related fields. The session includes a review of pre-employment and job training criteria. Call 203-574-6971 ext. 434 to register.

Bureau of Rehabilitation Services (BRS): October 17 from 3 – 4 p.m.

This workshop offers one-on-one appointments to review services/eligibility. The goal is to assist individuals with medical barriers to prepare for, obtain and maintain employment. Call 860-496-3500 to register for the orientation.

Interviewing Strategies and Techniques: October 22 from 9 – 11:30 a.m.

Learn how to strategically prepare for critical job interview questions. Topics include company research, developing a candidate message, questions to ask the employer, closing the interview and following up. Call 203-437-3380 to register.

Computer Basics: October 25 from 9 a.m. – noon.

Learn to use the mouse, keyboard, practice typing, navigate websites, set-up an email account and learn about employment resources available through the Department of Labor website. Microsoft tutorials are available. Call 860-496-3500 to register.

OSHA-10 Certification Class: Participants will attend a two-day, 10-hour class to acquire an OSHA-10

Occupational Safety and Health training certificate. Classes are held at the Waterbury *AJC*. Call 203-574-6971 for Larry Devito at ext. 461 or Joe Diorio at ext. 434 for information.

Disability Resource Coordinator: Meet with a staff person to learn how to access the various programs that offer services and supports needed to obtain and maintain employment. The emphasis is on abilities, not *disabilities*. Contact Gary Madison at gary.madison@nrwib.org or 203-574-6971 ext. 442.

Veterans' Representative appointments: Eligible veterans can receive veteran-specific re-employment services. Contact Department of Labor Veterans' Representative Michael Mariano at 203-437-3294 or Veterans' Representative Giancarlo Castagne at 203-437-3297 to make an appointment, or visit the Waterbury *American Job Center*.

ITXpress Program: Learn about training, credentials and employment opportunities through the TechHire ITXpress Program. Eligible participants can qualify to receive training that will assist them in securing a job in the Information Technology field (software developer, IT security, or computer programmer). Contact Angelo Santa Maria at angelo.santamaria@nrwib.org or 203-574-6971 ext. 465.

Ticket to Work – Orientation for Persons receiving SSI or SSDI benefits (NRWIB): This workshop features Information for SSI/SSDI beneficiaries, their friends and families, about advantages of participating in the Social Security Ticket to Work program. The *American Job Center* is an approved Ticket Employment Network. There is no obligation. Contact Gary Madison at gary.madison@nrwib.org or 203-574-6971 ext. 442 to register.

Free GED Classes: Call ED Advance at 860-567-0863 about registering to attend free GED classes hosted at the Torrington American Job Center from 1 to 3 p.m. Monday and Wednesday afternoons from September through May.

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