



Torrington American Job Center Offers Free September Employment and Training Workshops

August 14, 2019

TORRINGTON – A variety of free training and employment workshops to assist Torrington-area residents are being offered in September by the Connecticut Department of Labor and the Northwest Regional Workforce Investment Board.

Events are held at the Torrington *American Job Center, (AJC)* 59 Field Street. To register, call the phone numbers listed below. Advance registration is encouraged due to space limitations. The following workshops are now being offered:

Job Readiness Workshop: Sept. 3 and 4 from 9 a.m. – 1 p.m.

Learn the technical and other skills required to secure and sustain employment. Call 860-496-3500 ext. 200 to register.

Health Professions Opportunity Grant Orientation: Sept. 5 from 10 – 11 a.m.

Learn about careers in the healthcare field through the Careers Advancement Project. Eligible participants can receive training that will assist them in securing a job and advancing a career in the healthcare field. Call 203-574-6971 ext. 435 to register.

Workforce Innovation and Opportunity Act (WIOA) Information Session: Sept. 5, 12, 19 and 26 from 9 a.m. – noon.

Participants will review process and eligibility requirements for funding of job training programs through this federal employment initiative. No appointment is needed.

Fundamentals of Resume Writing: Sept. 10 from 9 – 11:30 a.m.

Intended for those who have never had a resume or do not have a current resume, this lecture and discussion will cover the basics of resume creation. The workshop is designed to give participants a thorough understanding of the essential parts of a resume and its purpose. The basics of cover letter writing also will be addressed. Call 203-437-3380 to register.

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Successful Job Search Strategies: Sept. 17 from 9 – 11:30 a.m.

Learn job search strategies to help successfully secure your next position. Topics include employer research, importance of preparation and organization in the job search, networking and using social media to establish a digital presence. Call 203-437-3380 to register.

Northwest Connecticut Construction Careers: Sept. 18 from 9 – 10 a.m.

This workshop is an orientation for individuals seeking employment in construction-related fields. The session includes a review of pre-employment and job training criteria. Call 203-574-6971 ext. 434 to register.

Bureau of Rehabilitation Services (BRS): Sept. 19 from 3 – 4 p.m.

Meet with BRS staff at the *AJC* or call to set up an appointment to discuss job search-related issues and support services for jobseekers that may require and qualify for the special services this agency provides. Call 860-496-3500 to register for the orientation.

Interviewing Strategies and Techniques: Sept. 24 from 9 – 11:30 a.m.

This workshop is designed to provide the knowledge and skills needed to effectively compete with other candidates. This interactive session targets preparation, methods and follow-up and includes simulated interview questions. Constructive feedback is designed to help you grow and excel in your interviewing techniques. Call 203-437-3380 to register.

Computer Basics: Sept. 27 from 9 a.m. – noon.

Learn to use the keyboard and mouse, practice typing, navigate websites, set up an email account, and learn about employment resources available through the Department of Labor website. Microsoft tutorials are available. Call 860-496-3500 to register.

In addition to the above workshops, the Resource Room continues to offer job-related Internet access and online application assistance, including:

Veterans' Representative appointments: Learn about veterans' services available at the CT Department of Labor and acquire skills to help get you employed. Weekly topics include resume writing, career fair success and interviewing techniques. Contact Department of Labor Veterans' Representative Giancarlo Castagne at 203-437-3294 or Veterans' Representative Michael Mariano at 203-437-3297 to make an appointment. Or visit the Waterbury *AJC*.

OSHA-10 Certification Class: Participants will attend a two-day, 10-hour class to acquire an OSHA-10 Occupational Safety and Health training certificate. Classes are held at the Waterbury *AJC*. Call 203-574-6971 ext. 461 for Larry Devito or Joe Diorio at ext. 434 for information.

Disability Resource Coordinator: Meet with a staff person to learn how to access various programs that offer services and supports needed to obtain and maintain employment. The emphasis is on abilities, not disabilities. Contact Gary Madison at gary.madison@nrwib.org or 203-574-6971 ext. 442.

ITXpress Program: Learn about training, credentials and employment opportunities through the TechHire ITXpress Program. Eligible participants can qualify to receive training that will assist them in securing a job in the Information Technology field (software developer, IT security, or computer programmer). Contact Angelo Santa Maria at angelo.santamaria@nrwib.org or 203-574-6971 x465.

Ticket to Work – Orientation for Persons receiving SSI or SSDI benefits (NRWIB): Information for SSI/SSDI beneficiaries, their friends and families, about advantages of participating in the Social Security Ticket to Work program. The *American Job Center* is an approved Ticket Employment Network. There is no obligation. Contact Gary Madison at gary.madison@nrwib.org or 203-574-6971 x442 to register.

Free GED Classes: Call ED Advance at 860-567-0863 about registering to attend free GED classes hosted at the Torrington *American Job Center* from 1 to 3 p.m. Monday and Wednesday afternoons from September through May.

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