



Willimantic *American Job Center* Offers March Employment and Training Workshops

WETHERSFIELD, February 19, 2019 – The Willimantic *American Job Center* located at 1320 Main Street, Tyler Square, is offering a variety of Employment and Training workshops to area residents in March. Advance registration is encouraged due to space limitations. Please go to *CTHires.com* or call (860) 450-7603 to register.

Confidence Makeover: Rebound & Recover – Offers an outline of how to work toward a concrete confidence makeover by suggesting a variety of specific techniques and practical confidence-building tips that can make a significant difference in being the right candidate.

March 4 (9 a.m. – 2 p.m.)

Computers Made Easy – Learn the basic aspects of how computers work, basic computer operations and terminology for Windows 7. Topics include basic file management, using *Help* and *Support* features, Internet searches and how to identify secure sites. Geared for individuals who have never used a computer or need a refresher on computer use.

March 5 (9:30 a.m. – 12:30 p.m.)

Fundamentals of Résumé Writing – Learn how to write a focused résumé needed to secure job interview and employment offers. Topics include thinking like an employer, developing essential parts of the résumé, keywords, relevant vs. irrelevant information, formatting and cover letters. Call (860) 848-5200 to register.

March 7 or 21 (9 a.m. – 12 p.m.)

Word Made Easy – Designed for the beginner. Learn how to create, edit, copy and paste Microsoft Word documents and much more in a fun, stress-free environment. Hands-on workshop; no computer experience necessary.

March 7 (9:30 a.m. – 12:30 p.m.)

(more)

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Creating a Job Search “Elevator Pitch” – Learn how to create the perfect 30- or 60-second “elevator pitch” to introduce yourself to potential employers. Explore how to identify or create a networking opportunity and effectively engage during a networking opportunity. Useful for all jobseekers unfamiliar or out of practice with networking, and those using LinkedIn.

March 7 (1 – 4 p.m.)

Advanced Word – Bring your Word skills to the next level. Do you know the best résumé format to use for an Applicant Tracking System? Come to Advanced Word and find out. Learn how to create bulleted lists and insert hyperlinks, tables and more. Hands-on workshop; some experience with MS Word is preferred.

March 12 (9:30 a.m. – 12:30 p.m.)

Health Careers Orientation – Obtain an overview of in-demand careers in healthcare, job skills and available certificate and degree programs. Also receive information about financial assistance.

March 12 (10 – 11:30 a.m.)

Metrix Learning – Provides an orientation to online training through the Metrix Learning System. E-Training licenses allow 90 days of 24/7 unlimited access to more than 5,000 courses (IT, desktop computer skills OR healthcare education). Learn new skills or upgrade existing skills to help find the job you want or enhance your career.

March 12 (1 – 3 p.m.)

Get Back to Work – You can overcome job search stress. Stay connected, get involved, and know your next steps. Our staff is here to offer guidance, direction and opportunity.

March 12 (1 – 3 p.m.) or March 25 (3 – 5 p.m.)

Ticket to Work Orientation – This workshop explains Social Security’s Ticket to Work program and how it supports career development for people with disabilities who want to work. Social Security disability beneficiaries, ages 18 through 64 qualify. The Ticket program is free and voluntary. Learn how the Ticket program helps people with disabilities progress toward financial independence.

March 13 (1:30 – 2:30 p.m.)

Interviewing Strategies and Techniques – Learn how to strategically prepare for critical job interview questions. Topics include company research, developing a candidate message, questions to ask the employer, closing the interview, and following up. Call (860) 848-5200 to register

March 14 (9 a.m. – 12 p.m.)

(more)

Email Made Easy – Designed for the beginner; learn how to use email in a fun, stress-free, friendly environment. Create a job search email address, practice composing and replying to emails, and explore the features of Gmail. Hands-on workshop; no computer experience is necessary.

March 14 (9:30 a.m. – 12:30 p.m.)

Job Corps Orientation (Ages 17-24) – Offers an overview of Job Corps, where these schools are located, trades offered, and expectations for Job Corps students. Also receive information about eligibility and the process to enroll in the program. This is the starting point for any prospective Job Corps student.

March 15 (9 a.m. – 12 p.m.)

Advanced Email – Learn how to effectively email employers. Learn how to create an effective subject line, how to attach résumés in the correct format, and practice writing/emailing persuasive cover letters. Please bring your email address and password.

March 19 (9:30 a.m. – 12:30 p.m.)

Applying Online: The Basics – Learn the basics of applying for jobs online, including use of job search engines, emailing employers, and attaching and inserting résumés to online applications and emails.

March 19 (1 – 4 p.m.)

Manufacturing Jobs for Everyone! – Manufacturing jobs are in huge demand. There is a job for just about everyone – from entry level to highly skilled. Find out about job opportunities and how to prepare for a career in manufacturing. Learn about the Manufacturing Pipeline and the free training – classroom or online – offered to help you get a great paying job in manufacturing.

March 20 (1 – 2:30 p.m.)

Google Docs Made Easy – Improve your computer skills and learn how to use Google Docs. Don't be left behind; learn how to use Google Docs in a fun, stress-free environment with hands-on practice creating and editing documents. Explore how to share and collaborate on documents with multiple people.

Hands-on workshop; please bring your Gmail address and password.

March 21 (9:30 a.m. – 12:30 p.m.)

Networking with LinkedIn – Learn how to create or update a LinkedIn profile, how to build your online network, and how to enhance your job search through online networking. Attendees will be encouraged to join relevant professional groups available through LinkedIn to expand their electronic network. Also includes how to use local labor market information to identify, research, and approach local employers.

March 21 (1 – 4 p.m.)

(more)

MEDIA RELEASE

CT Department of Labor *Communications Office*

Commissioner Kurt Westby

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Employability Skills for Ex-Offenders – A workshop geared to help ex-offenders market themselves to potential employers. Learn how to answer challenging questions on applications and interviews.

March 27 (1 – 4 p.m.)

Successful Job Search Strategies – Discover how to find and apply for jobs not listed in the classified section. Learn to use traditional job search techniques more effectively and how to research companies, use the Internet and search agents as a job search tool, and how to post your résumé on the *CTHires* online employment system. Explore *CTHires* and other sites for private, state and federal employment opportunities, as well as labor market information. Call (860) 848-5200 to register

March 28 (9 a.m. – 12 p.m.).

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