



## **Dec. 12 CONN-OSHA Workshop Focuses On Small Changes for Safer Driving Habits**

WETHERSFIELD, November 26, 2018 – Employees in the Connecticut Department of Labor’s Division of Occupational Safety and Health are sponsoring a *Safe Driving – Get There Safely EVERY Time* workshop on from 10 a.m. to noon December 12. The free session will be held in the agency’s Wethersfield office located at 200 Folly Brook Blvd.

“Statistics compiled by the U.S. Department of Labor show that work-related vehicle crashes are the leading cause of occupational fatalities,” explains CONN-OSHA Occupational Safety Training Specialist Catherine Zinsser. “Small changes in behavior behind the wheel, however, can decrease the likelihood of getting in a motor vehicle accident, and increase chances of survival in the event of collision or other serious event.”

The training will “present safe driving techniques and behaviors in an interesting format designed to motivate attendees to immediately assess their own actions and behaviors,” she said, and will focus on four main strategies:

- Hazard Recognition – anticipating, recognizing and reacting appropriately to hazards.
- Speed Management – managing speed so it is right for conditions.
- Space Management – maintaining a safe spacing with other traffic.
- Vehicle Handling – safe vehicle handling skills under a range of road circumstances.

Please contact Zinsser at [Catherine.zinsser@ct.gov](mailto:Catherine.zinsser@ct.gov) to pre-register for the workshop.

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