



Torrington American Job Center Offers August Employment and Training Workshops

WETHERSFIELD, July 18, 2017 – The Connecticut Department of Labor and the Northwest Regional Workforce Investment Board are offering a variety of training and employment workshops in August to assist area residents. Events are held at the Torrington *American Job Center*, 59 Field Street. Advance registration is encouraged due to space limitations. In addition to these workshops, the Resource Room continues to offer job-related Internet access and online application assistance. The following workshops are now being offered:

Interviewing Strategies and Techniques: Learn how to strategically prepare for critical job interview questions. Topics include company research, developing a candidate message, questions to ask the employer, closing the interview and following up. Call (203) 437-3380 to register.

August 1 or 22 (9 – 11:30 a.m.)

Workforce Innovation and Opportunity Act (WIOA) Information Session: Participants can review process and eligibility requirements for funding of job training programs through this federal employment initiative. No appointment is needed.

August 3, 10, 17, 24, or 31 (9 a.m.– 12 p.m.)

Veterans' Representative appointments: Eligible veterans can receive veteran-specific re-employment services. Department of Labor Veterans' Representative Lina Marte is available, by appointment, to meet with customers. Contact Lina at lina.marte@ct.gov or (203) 437-3297. Appointments are available on the following days: **August 4, 11, 18, or 25.**

Fundamentals of Résumé Writing: Learn how to write a focused résumé needed to secure job interviews and employment offers. Topics include thinking like an employer, strategies for developing essential parts of the résumé, keywords, relevant vs. irrelevant information, formatting and cover letters. Please call 203-437-3380 to register

August 8 or 29 (9 – 11:30 a.m.)

Health Professions Opportunity Grant Orientation: Learn about careers in the healthcare field through the Careers Advancement Project. Eligible participants can receive training that will assist them in

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securing a job (and advance along a career) in the healthcare field. Contact Joyce Liljedahl at joyce.liljedahl@nrwib.org or (203) 574-6971 x432.

August 10 (1:30 – 2:30 p.m.)

Successful Job Search Strategies: Learn job search strategies that will help you successfully secure your next position. Topics include employer research, importance of preparation and organization in the job search, networking and using social media to establish a digital presence. Call 203-437-3380 to register

August 15 (9 – 11:30 a.m.)

Bureau of Rehabilitation Services (BRS): Offers a 30-minute group orientation, followed by a one-hour one-on-one appointment with BRS staff to review services/eligibility and learn about the many services available at the AJC. Call (860) 496-3500 to register for the orientation.

August 18 (10 – 10:30 a.m.)

Computers Basics: Learn to use the mouse, keyboard, practice typing, navigate websites, set-up an email account, and learn about employment resources available through the Department of Labor website. Microsoft tutorials are available. Call (860) 496-3500 to register.

August 25 (9 a.m. – 12 p.m.)

Disability Resource Coordinator: Meet with a staff person to learn how to access the various programs that offer services and supports needed to obtain and maintain employment. The emphasis is on abilities, not *disabilities*. Contact Gary Madison at gary.madison@nrwib.org or (203) 574-6971 x442.

ITXpress Program: Learn about training, credentials and employment opportunities through the TechHire ITXpress Program. Eligible participants can qualify to receive training that will assist them in securing a job in the Information Technology field (software developer, IT security, or computer programmer). Contact Angelo Santa Maria at angelo.santamaria@nrwib.org or (203) 574-6971 x465.

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