



MEDIA RELEASE

CT Department of Labor *Communications Office*
Commissioner Scott D. Jackson

June 20 CONN-OSHA Workshop Explores Veteran Safety and PTSD in the Workplace

WETHERSFIELD, June 8, 2017 – This month’s Breakfast Roundtable series event, sponsored by the Connecticut Department of Labor’s Division of Occupational Safety and Health (CONN-OSHA), will be held at the Veteran & Family Center in Rocky Hill and features a program about dealing with Post Traumatic Stress Disorder (PTSD).

James Duncan, Outreach Coordinator at the Veteran & Family Center, will discuss “the facts and myths of PTSD,” during the 8:15 to 9:45 a.m. roundtable event to be held June 20. The Center is located at 25 Elm Street, Rocky Hill. A Navy veteran, Duncan moved to Connecticut in 1986, joining the Connecticut National Guard and serving 18 months in Bosnia and Kosovo during the height of conflict in those countries.

“Over the years, there has been much research regarding the effects of PTSD on veterans and individuals engaged in other stressful occupations and situations,” explains John Able, CONN-OSHA Occupational Safety Training Specialist and Breakfast Roundtable project coordinator. “Attendees will receive information about the facts and myths of PTSD, traumatic brain injuries, symptoms, management, and applicable free resources that are available.”

Admission to the breakfast is free, but pre-registration is required. Please contact Able at john.able@ct.gov to register or for additional information.

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