



## Labor Department Highlights Employment Workshops During Career Development Month

WETHERSFIELD, November 1, 2017 – The Connecticut Department of Labor is highlighting employment services and workshops the agency and its workforce partners offer to the public to help recognize National Career Development Month held every November.

*American Job Centers* located throughout the state are open to anyone seeking employment, including those facing a layoff, contemplating a career move, re-entering the workforce after an extended absence, or veterans returning to civilian life. In addition to career counselors, job postings, a resource room, résumé assistance and hiring events, the job centers offer a variety of workshops to help ensure a successful job search.

In the proclamation proclaiming November as Career Development Month, Governor Dannel P. Malloy notes his support of the national designation, citing the importance of workforce development for career success, and the need to support strong partnerships between state agencies and organizations to ensure the most effective use of resources.

“Whether you’re a newcomer to the job market or already working in your field of choice, the *American Job Centers* should be your first stop for workforce assistance,” said State Labor Commissioner Scott D. Jackson. “Connecticut Department of Labor employees can assist in enhancing networking and interview skills, help with career decisions, and provide guidance on skills building.”

With six full service *American Job Centers* in Bridgeport, Danielson, Hamden, Hartford, New London and Waterbury – and an additional 13 affiliate offices – residents can utilize the statewide employment centers free of charge, including free workshops such as the following offered in November:

- *Get Back to Work* – 1 to 3 p.m. November 2 in the New London *American Job Center*. Designed to help attendees overcome stress, stay connected and get involved while seeking employment.
- *Successful Job Search Strategies* – 9 a.m. to 12 p.m. November 3 in the Hamden *American Job Center*. Jobseekers can gain pointers regarding telephone skills, networking, tapping into the hidden job market and interviewing skills.

-More-

**Media Contact:** Nancy Steffens, Communications Director

200 Folly Brook Boulevard, Wethersfield, CT 06109-1114

Phone: (860) 263-6535 – Fax: (860) 263-6536 – [www.ct.gov/dol](http://www.ct.gov/dol)

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- *LinkedIn, Part 1* – 9 a.m. to 12 p.m. November 16 at the Bridgeport *American Job Center*. Learn how to set up a professional networking profile on LinkedIn to build your network and connect/share information about job opportunities.
- *Résumé Critique Workshop* – 8:30 to 10 a.m. November 17 at the Waterbury *American Job Center*. Certified Professional Résumé Writers trained in developing documents that generate interviews will review and provide guidance on developing a more effective résumé.
- *Learn Computer Basics* – 9 a.m. to 12 p.m. November 17 at the Torrington *American Job Center*. Learn various aspects of operating a computer, including use of the mouse and keyboard, navigating websites and setting up email accounts.
- *Effectively Using LinkedIn* – 1:15 to 3:45 p.m. November 27 at the Hartford *American Job Center*. Attendees can establish a professional networking profile which will enable them to build their network, better share information, and connect with potential jobs.

For a complete list of workshops, visit [www.JobCenterCT.com](http://www.JobCenterCT.com) and select the “Free Workshops” button to reach the *CTHires* website. Select the “Jobseekers” category and workshops will be listed under “Current Events.”

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