



## **Hamden Job Center Offers August Employment & Training Workshops**

WETHERSFIELD, July 14, 2014 – Connecticut Department of Labor employees in the agency’s Hamden Job Center, located at 37 Marne Street, will offer a variety of training and employment workshops in August to assist area residents. Advance registration is encouraged due to space limitations. Call (203) 859-3200 to register for these no-cost workshops. The Hamden Job Center is a partner of the American Job Center Network.

**August 1: Successful Job Search Strategies (9 a.m. – 12 p.m.):** Jobseekers will learn useful job search strategies and gain pointers on telephone skills, networking, the hidden job market and interviewing.

**August 5: Military to Civilian Résumé Workshop (1 – 4 p.m.):** Veterans are encouraged to participate in this workshop which covers the basics of developing an effective résumé. Topics covered include: translating military skills and accomplishments into civilian terminology; understanding federal résumé formatting and common résumé mistakes to avoid. Ample time will be allowed for participants to ask questions of members of the Connecticut Department of Labor’s Office for Veterans’ Workforce Development.

**August 6: LinkedIn for Job Seekers (9 – 11 a.m.):** Participants learn the importance of utilizing *LinkedIn* and developing an effective profile page to aid in their job search.

**August 8: Résumé Basics (9 a.m. – 12 p.m.):** If you are putting together your first résumé this workshop will provide you with the valuable information you need to create a professional résumé.

**August 12: Interviewing Techniques (9 a.m. – 12:30 p.m.):** Learn interview preparation and techniques and discover the best way to respond to questions from an interviewer, how to negotiate a “win-win” package, and learn what to say and when and how to say it.

**August 13: Résumé Basics (1 – 4 p.m.):** This workshop will provide you with valuable information you need to create a professional résumé.

**August 14: Networking Club (1 – 3 p.m.):** Members of this group will learn how to use networking as part of their job search and other important career tips to apply to their job search.

**-More-**

**Media Contact:** Nancy Steffens, Communications Director  
200 Folly Brook Boulevard, Wethersfield, CT 06109-1114  
Phone: (860) 263-6535 – Fax: (860) 263-6536 – [www.ct.gov/dol](http://www.ct.gov/dol)  
An Equal Opportunity/Affirmative Action Employer



**August 15: Internet Job Search (9 – 11 a.m.):** This workshop will give participants an overview of job search strategies using the Internet, and will provide useful information on the most helpful web sites to visit.

**August 19: Career Exploration (9 a.m. – 12:30 p.m.):** Discover your interests, work values and abilities, and learn how to gather information and conduct an occupational search to help you make good career decisions, set goals and take action.

**August 20: Résumé Basics (9 a.m. ☐ 12 p.m.):** If you are putting together your first résumé this workshop will provide you with the valuable information you need to create a professional résumé.

**August 22: Over 40 and Looking for Work (8:30 a.m. – 12:30 p.m.):** Participants will discuss the challenges and employer expectations for older workers and develop strategies to successfully mitigate possible stereotyping that may occur during the hiring process.

**August 27: LinkedIn for Job Seekers (1 – 3 p.m.):** Participants will learn the importance of utilizing *LinkedIn* and developing an effective profile page to aid in their job search.

**August 29: Advanced Résumé Writing: (9 a.m. ☐ 12 p.m.):** This workshop goes beyond the **Résumé Basics** session by covering advanced formatting techniques, as well as offering pointers concerning interviewing skills, networking and the hidden job market.

###