



MEDIA RELEASE

CT Department of Labor *Communications Office*

Sharon M. Palmer, Commissioner

Torrington Job Center Offers July Employment and Training Workshops

WETHERSFIELD, June 24, 2014 – The Connecticut Department of Labor and partner staff will offer a variety of training and employment workshops in July to assist Torrington-area residents. Events are held at the Torrington Job Center, 685 Main Street. Please contact the Job Center at (860) 496-3300 to register. Advance registration is encouraged due to space limitations. The Torrington Job Center is a partner of the *American Job Center Network*. The following workshops are being offered:

WIA Information Session: Participants will review the process and eligibility requirements for receiving funding for training through the federal Workforce Investment Act (WIA).

July 3 (9 – 12 p.m.)

July 10 (9 – 12 p.m.)

July 17 (9 – 12 p.m.)

July 31 (9 – 12 p.m.)

Pre-Manufacturing Certification Orientation: This information session is for individuals seeking employment in manufacturing and related trades. The session will provide a review of this pre-employment preparation - job training program for potential participants.

July 11 (10 a.m. – 12 p.m.)

LinkedIn: Attendees will create a profile on a professional networking website and learn the advantage of a digital presence in today's job market. Attendees must have a valid e-mail address.

July 14 (9 a.m. – 12 p.m.)

Job Search Strategies: Participants will develop a successful plan and learn how to use tools and information to conduct an effective job search.

July 2 (9 a.m. – 12 p.m.)

July 23 (9 a.m. – 12 p.m.)

Interviewing Techniques: Participants will increase their understanding of the interview process and address challenging questions.

July 9 (9 – 12 p.m.)

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An Equal Opportunity/Affirmative Action Employer



On-Line Applications #1: This workshop will show you how to avoid getting screened out by knowing what employers expect in an online application.

July 18 (9 a.m. - 12 p.m.)

Résumé Basics: Learn about important résumé sections, formatting and the pros and cons of different styles.

July 16 (9 a.m. – 12 p.m.)

Veterans' Representative on-site: Connecticut Department of Labor Veterans' Representative Kelvin Johnson is available, by appointment, to meet with customers. For a pre-scheduled appointment, please email kelvin.johnson@ct.gov or call (203) 437-3294.

Appointments available: July 11, July 18, July 25.

Computers for Beginners: Learn about the various parts of a PC and improve mouse/keyboard skills.

July 25 (9 a.m. – 12 p.m.)

H1B Technical Skills Training Information session: Review the eligibility requirements and potential opportunities for mid-level skills training in Information Technology (IT), Health Care (IT), and Advanced Manufacturing. This session may be of particular interest to long term unemployed jobseekers with some college credits.

July 21 (10 a.m. – 11 a.m.)

Unemployment: Coping with Stress While Creating a Future: Learn about strategies and coping mechanisms to handle stress while conducting your job search.

July 16 (1 p.m. – 3 p.m.)

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