



MEDIA RELEASE

CT Department of Labor *Communications Office*
Sharon M. Palmer, Commissioner

Labor Department's May 21 CONN-OSHA Workshop Addresses Trenching and Excavation Safety

WETHERSFIELD, April 22, 2014 – Knowing the guidelines that regulate “on-the-job” procedures and taking proper safety precautions is a must for every worker in this state – especially for individuals involved in excavation activities that spend time in and around trenches.

On May 21, employees in the Connecticut Department of Labor’s Division of Occupational Safety and Health (CONN-OSHA) will take a close-up look at the subject during a two-hour “Trenching and Excavation Safety” class that offers instruction on ways that workers can best ensure their own and their co-workers’ safety and health.

The class, to be held 10 a.m. to noon at the agency’s Wethersfield office at 200 Folly Brook Boulevard, will provide an overview of federal and state regulations and how to adequately protect oneself in an environment that could be precarious if the proper steps are not followed to avoid injuries.

“There are always hazards associated with working in a sub-surface environment or in a location that you are not familiar with, such as a trench,” explains CONN-OSHA Occupational Safety Training Specialist Catherine Zinsser, who is coordinating the program. “This comprehensive workshop will cover the OSHA requirements for these activities and detail ways workers can improve safety and health procedures for themselves and the entire worksite.”

Admission is free, but pre-registration is required. Please contact Catherine Zinsser at (860) 263-6942, or via email at zinsser.catherine@dol.gov to register for the session or for additional information.

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