



MEDIA RELEASE

CT Department of Labor *Communications Office*
Sharon M. Palmer, Commissioner

March 10 *Heroes 4 Hire* Skills Workshops at American Job Centers

*Sessions will be held in Bridgeport, Hamden, Hartford, New London,
Norwich, Waterbury and Willimantic offices*

WETHERSFIELD, March 5, 2014 – Connecticut veterans planning to attend the upcoming 10th Annual *Heroes 4 Hire Career Fair* are invited to stop by the Connecticut Department of Labor’s American Job Centers on March 10 for a series of special skills preparation workshops.

Staff from the agency’s Office for Veterans’ Workforce Development will present a one hour-long workshop entitled, *Career Fair Success: Prepare, Perform and Follow Through* at 1 p.m. in each of the following American Job Center locations: Bridgeport, Hamden, Hartford, New London, Norwich, Waterbury and Willimantic.

The workshop topics will include effective preparation skills and follow-up strategies. “There is no fee for attending; however, we do ask that anyone wishing to take part arrive early,” explains State Labor Commissioner Sharon Palmer.

More than 80 companies and organizations are expected to exhibit at the 10th Annual *Heroes 4 Hire Career Fair*, March 25 at Rentschler Field ballroom in East Hartford. The event, which in the past attracted more than 2,000 visitors, will run from 11 a.m. to 3 p.m.

For additional information about the *Heroes 4 Hire Career Fair*, please visit www.ctjobfairs.com.

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