Where you can learn more.

Take advantage of the youth employment service provided by the Department of Labor. We have career consultants and employment professionals as well as a wealth of resources that will give students the jump-start they need for a successful future. Go to www.ct.gov/dol for a complete listing of phone numbers and directions.

"Our class had the pleasure of participating in your workshop on interviewing skills and job search techniques. The students thought the mock interview was particularly helpful. It’s a process they are sure to remember for life."

Jennifer Scwalbenhorf, Rockville High School
At the Connecticut Department of Labor, we’ve got a wealth of information on:

- Interviewing techniques
- How to complete job applications
- Job search skills
- Résumé writing
- Career exploration
- Labor market information
- Employment guidelines for minors
- Internships
- Apprenticeships
- Job Corps program
- Job fair information

We’re here when you need us.

First-time job searches can be overwhelming. Many students looking for jobs and beginning career exploration — on their own for the first time.

The Connecticut Department of Labor offers a wide variety of youth employment services to assist students with the job search and career exploration process. Programs, such as a job search and résumé writing workshops, can also be presented at your school or local organization.

“The students have greatly benefited from the career workshops, plus they have had the opportunity to meet with a professional who truly cares about the development and success of our youth.”

Kenya Washington, YouthBuild Hartford

The Connecticut Department of Labor can help.

- Career development specialists to counsel students and help determine career interests.
- Mock interviews to help young job seekers become more comfortable with the process.
- Videotapes, publications and software to assist with the job search process.
- Résumé writing workshop for students.
- CT JobCentral - post résumés online and search for jobs at the local and national levels electronically.
- The Department of Labor’s Web site – www.ct.gov/dol, includes:
  - Our Youth Services Site is geared toward meeting the research and career needs of young people.
  - Job & Career ConneCTion with career videos, self-assessment questionnaires, and wage comparisons for jobs.