



Division of Occupational Safety and Health
Occupational Health Clinics

CONN-OSHA

Breakfast Roundtable Discussion Group Meeting

Tuesday, August 20, 2019

8:15 am – 9:45 am

The safety and health of any company can sometimes be an overlooked priority. The Labor Department's CONN-OSHA division has taken steps to help your business keep up to date on the latest information and resources. On the third Tuesday of every month, CONN-OSHA offers *Breakfast Roundtable Meetings* that cover subjects ranging from evacuation plans and fire extinguishers to air quality and ergonomics. The intent of these free 90-minute workshops is to discuss safety and health issues in a supportive and informal environment.

The roundtable meetings are held from 8:15 am to 9:45 on the third Tuesday of the month at the Connecticut Department of Labor:

**Conference Room A
CT Dept. of Labor
200 Folly Brook Boulevard
Wethersfield, CT 06109
Phone (860) 263-6900**

Pre-registration is required. Those interested in attending should send an email to john.able@ct.gov.

“Bridging the Gap: From Crisis to Solutions”

Join us for an educational presentation on the disease of addiction and the road to recovery. We will explore the different services available to community members and provide insight into what treatment looks like for those who suffer. While everyone's journey will be different, it's beneficial to know how to best support loved ones, peers and colleagues should they be in need of help.

<https://www.retreatbehavioralhealth.com/>

Justin Lucci, Business Development Manager, Retreat Behavioral Health will provide the presentation. Justin is the Connecticut & New York Business Development Manager for Retreat Behavioral Health.

38 Wolcott Hill Road, Wethersfield, CT 06109 • Phone: (860) 263-6900 • Fax: (860) 263-6940 •

www.connosha.com

An Equal Opportunity/Affirmative Action Employer

Justin was born and raised in Long Island, NY. Growing up, his family owned & operated a long term therapeutic community for both adults and adolescents in New York City. Even with his family background and education, he developed his own struggles with addiction starting at the age of 13. Justin battled with mental health & substance use disorders for 17 years before entering his pathway of recovery at the age of 30.

After making many sacrifices and vowing to change his life forever, Justin had a miraculous transformation in his first year in recovery! It was then he discovered his purpose in life and began helping others in his community heal from this deadly disease.

Now 8 years into his recovery, he has worked in a number of roles in the behavioral healthcare industry for the last 6 years. During this time, he has also worked for several non-profits surrounding grassroots recovery advocacy at the local, state & national levels. It's his goal to continue to help individuals and families, in or seeking recovery find solutions to their issues.

Justin is a decorated United States of America military veteran who has honorably served overseas during Operation Iraqi Freedom & Enduring Freedom.

CONN-OSHA

Breakfast Roundtable Discussion Group

8:15 am – 9:45 am

***DRAFT* Agenda**

August 20, 2019

- **Welcome and Introductions**
 - John Able, CSP
Occupational Safety Training Specialist
CONN-OSHA
860-263-6902
John.able@ct.gov
www.connosha.com

- **““Bridging the Gap: From Crisis to Solutions”**
 - Justin Lucci
Business Development Manager
Retreat Behavioral Health
1170 South State Street
Ephrata, PA 17522
717-859-8000
Cell 954-471-2136
justinl@retreatmail.com
www.retreatbehavioralhealth.com

- **Low/No-Cost Training/Certification/Educational Opportunities**

- The Connecticut Biosafety Alliance is inviting all to Wesleyan University, Middletown on Wednesday, August 14, 2019 from 8:30 am – 5 pm. Cost is only \$25 and includes lunch. Go here for all the details:

<https://ctvalley.assp.org/events/connecticut-biosafety-alliance-meeting/>

- The American Society of Safety Professionals (ASSP) invites you to attend their lunch on Friday, August 16th in Manchester. Fuss & O'Neil will host the event which will cover OSHA's Machine Guarding Regulations, Interpretations and Amputation Prevention. Cost is only \$10. Go here for all the info:

<https://ctvalley.assp.org/events/chapter-meeting-30/>

- CONN-OSHA has scheduled a no-cost Lockout/Tagout safety training class for Thursday, August 22, 2019 from 10 am – 12 noon. Pre-registration is required, send an e-mail to catherine.zinsser@ct.gov.
- The September 17, 2019 Breakfast Roundtable topic will be "Commercial Vehicle Safety." The Connecticut Department of Motor Vehicles (DMV) Commercial Vehicle Safety Division (CVSD) will present information about State and Federal laws/regulations that may affect motor carriers.

Our mission at the DMV is to reduce the number and severity of commercial vehicle crashes on Connecticut roadways. We know most motor carriers/business owners share that mission, want to operate safely, and be compliant with the State and Federal laws/regulations. Many motor carriers have questions and experience difficulty understanding some sections of the State and Federal laws/regulations. This class will provide answers to your questions, and provide guidance to help each and every one of us achieve our mission.

- CONN-OSHA has scheduled a no-cost OSHA Recordkeeping training class for Wednesday, September 18, 2019 from 9 am – 12 noon. Pre-registration is required, send an e-mail to catherine.zinsser@ct.gov.

- **SAVE THE DATE:**

21st Annual New England Area (NEA) ASSP Professional Development Conference (PDC), November 12 & 13, 2019,

Southbridge Hotel & Conference Center, Southbridge, MA.

Calling all Exhibitors, Sponsors & Volunteers

Exhibitor/Sponsorship registration is open. For more info on being an Exhibitor or Sponsor, check out our website:

<https://region8.assp.org/neapdc/>

The Planning Committee is also looking for volunteers. Reach out to Co-Chairs, Jim Fraser, j51fraser@gmail.com, or Daren Canfield, daren.canfield@dell.com, if you're interested.

- **Ongoing Educational Opportunities**

- The OSHA Training Institute Education Center (OTIEC), Region 1 has published their 2019/2020 Course Catalog which can be found here:

<http://oshaedne.com/wp-content/uploads/coursecatalog.pdf>

As the official provider of OSHA's safety and health training, OTI Education Centers have a course for every OSHA training requirement. You can even become an OSHA-authorized Outreach Trainer, and earn the authority to award official Department of Labor cards (10 & 30 hours). Keene's OTIEC offers regional "open enrollment" OSHA courses and customized on-site training to meet the needs of your work force. Learn more about Region 1 OTI Education Center here:

<http://oshaedne.com/>

- **New Business/News**

- Safe + Sound Week is next week, August 12-18, 2019. Safe + Sound Week is a nationwide event to celebrate the successes of businesses that have implemented safety and health programs in the workplace. <https://www.osha.gov/safeandsoundweek/>



Throughout the year, businesses show their commitment to safety by focusing on management leadership, worker participation, and a systematic approach to finding and fixing hazards in workplaces. Each August we invite them to celebrate their safety successes and efforts to be #SafeAndSoundAtWork.

Management leadership is a core element of a workplace safety and health program. Accelerate your program and show your commitment in your workplace. [Take 3 in 30!](#)

Here's how you do it:

1. Take 3 actions in 30 days.

There are many ways to accelerate your program! Choose from our list or pick one of your own. Every workplace is different so select actions that work best for you.

2. Share in your workplace.

It is important for your employees to see your commitment to safety! Show them that safety starts with you! List your three actions and share it on social media, in your company newsletter, or post it in the workplace.

3. Accept your challenge coin.

You did it! Visit our website once you complete your activities to download your virtual challenge coin for showing management leadership. Share it on social media, post it in your workplace, or put it in your email signature – display it proudly!

[Download the Take 3 in 30 challenge and share in your workplace and on social media!:](#)

https://www.osha.gov/safeandsound/docs/Activity_ML_Take3in30.pdf

- Did You Know?

OSHA has resources to help you [recognize the signs of heat-related illness](#) and stay safe.

- **Other Announcements**

- **Adjourn**