Hamden American Job Center Offers October Employment and Training Workshops

WETHERSFIELD, September 22, 2016 – Connecticut Department of Labor employees in the agency’s Hamden American Job Center, 37 Marne Street, will offer a variety of training and employment workshops in October to assist area residents. Advanced registration is encouraged due to space limitations. Please call (203) 859-3200 to register for these no-cost workshops.

Veterans’ Workshop – October 5, 12, 19 and 26 (1 – 3 p.m.): Veterans are encouraged to participate in this workshop which covers the basics of developing an effective résumé. Topics include translating military skills and accomplishments into civilian terminology, understanding federal résumé formatting, and common résumé mistakes to avoid. Ample time is provided to ask questions of members of the Connecticut Department of Labor’s Office for Veterans’ Workforce Development.

Fundamentals of Résumé Writing – October 6 and 20 (9 a.m. – 12 p.m.) and October 22 (1–4 p.m.): This workshop provides you with the valuable information you need to create a professional résumé.

Interviewing Strategies & Techniques – October 6 (1 – 4 p.m.) and October 20 (9 a.m. – 12 p.m.): Learn interview preparation and techniques and discover the best way to respond to questions from an interviewer, how to negotiate a “win-win” package, and learn what to say and when and how to say it.

Successful Job Search Strategies – October 13 (9 a.m. – 12 p.m.): Attendees will learn useful job search strategies and gain pointers on telephone skills, networking, the hidden job market and interviewing.

Over 40 and Looking for Work – October 13 (1 – 4 p.m.): Participants will discuss the challenges and employer expectations for older workers and develop strategies to successfully mitigate possible stereotyping that may occur during the hiring process.

Networking Group – October 27 (1 – 3 p.m.): Learn how to use networking as part of your job search, and other important career tips that can be applied to the job search.

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