



MEDIA RELEASE

CT Department of Labor *Communications Office*
Commissioner Kurt Westby

MONTVILLE AMERICAN JOB CENTER OFFERS EMPLOYMENT AND TRAINING WORKSHOPS IN JANUARY

January 6, 2020

MONTVILLE - A variety of training and employment workshops to assist Montville-area residents this month are being offered at the Montville American Job Center located at 601 Norwich New London Turnpike, Uncasville.

Advance registration is encouraged due to space limitations. To register for these no-cost workshops, please go to CTHires.com or call (860) 848-5240.

Get Back to Work: January 13 from 1:30 – 3:30 p.m. and January 22 from 9:30 – 11:30 a.m.

Gain a full understanding of Job Center services, learn about Workforce Advisor options (including training guidance), and build your next steps toward employment.

Fundamentals of Résumé Writing: January 17 from 1 – 4 p.m.

Learn how to write a focused résumé needed to secure job interview and employment offers. Topics include thinking like an employer, developing essential parts of the résumé, keywords, relevant vs. irrelevant information, formatting and cover letters. Call (860) 848-5200 to register.

Résumé Critique: January 13 and 27 from 9 – 10:15 a.m.

Have your résumé reviewed by a Certified Professional Résumé Writer trained in developing documents that generate job interviews. Receive objective and unbiased feedback to assist in addressing problematic issues or areas needing improvement. Call (860) 848-5200 to register.

Health Careers Orientation: January 28 from 2 – 3:30 p.m.

This workshop is an overview of in-demand careers in healthcare, job skills and available certificate and degree programs. Also receive information about financial assistance.

Metrix Learning: January 17 and 30 from 9 – 11 a.m.

This workshop is an orientation to online training through the Metrix Learning System. E-Training licenses allow 90 days of 24/7 unlimited access to more than 5,000 courses (IT, desktop computer skills

Media Contact: Steve Jensen, Director of Communications

200 Folly Brook Boulevard, Wethersfield, CT 06109-1114

Phone: (860) 263-6535 – Fax: (860) 263-6536 – www.ct.gov/dol

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OR healthcare education). Learn new skills or upgrade existing skills to help find the job you want or enhance your career.

Norwich Adult Ed Workshop: January 8 and 15 and 22 and 29 from 1:30 – 3:30 p.m.

Learn about our Adult Education programs including *Pathways to Earn a High School Diploma*, access English language classes, or enroll in citizenship preparation classes. You will have the opportunity to complete enrollment paperwork and assessments, meet individually with an Adult Ed. teacher to discuss your goals, and understand your program and class options that will meet your needs. Programs are offered in a variety of locations in southeast Connecticut.

Word Made Easy: January 9 from 9 a.m. – noon

Designed for the beginner. Learn how to create, edit, copy and paste Microsoft Word documents and much more in a fun, stress-free environment. This is a three-hour, hands-on workshop. No computer experience is necessary.

New London Adult Ed Workshop: January 9 and 16 and 23 and 30 from 10 a.m. – noon

Learn about our Adult Education programs including *Pathways to Earn a High School Diploma*, access English language classes, or enroll in citizenship preparation classes. You will have the opportunity to complete enrollment paperwork and assessments, meet individually with an Adult Ed teacher to discuss your goals, and understand your program and class options that will meet your needs. Programs are offered in a variety of locations in southeast Connecticut.

Successful Job Search Strategies: January 10 from 9 a.m. – 12 noon

Discover how to find and apply for jobs not listed in the classified section. Learn to use traditional job search techniques more effectively and how to research companies, use the Internet and search agents as a job search tool, and how to post your résumé on the *CTHires* online employment system. Explore *CTHires* and other sites for private, state and federal employment opportunities, as well as labor market information. Call (860) 848-5200 to register.

Confidence Makeover - Rebound & Recover: January 13 from 9 a.m. – 2 p.m.

This workshop presents an outline of how to work toward a concrete confidence makeover by suggesting a variety of specific techniques and practical confidence-building tips that can make a significant difference in being the right candidate.

TRCC SNAP Scholarship Orientation: January 13 from 9 – 10:30 a.m.

If you are receiving SNAP (food stamps), you may be eligible for free job-related, noncredit training at Three Rivers Community College in Norwich. Offerings include CNA, Patient Care Tech, Pharmacy Tech and Security Officer Certification. Learn more at this orientation.

Email Made Easy: January 14 from 9 a.m. – noon

Designed for the beginner. Learn how to use email in a fun, stress-free, friendly environment. Create a job search email address; practice composing and replying to emails. Explore the features of Gmail. This is a three-hour, hands-on workshop. No computer experience is necessary.

Disability Resource Awareness Workshop: January 15 from 2 – 3 p.m.

As a job seeker with a disability, learn about the resources that can help you find and maintain employment. Some resources covered in this workshop are Department of Rehabilitation Services (DORS), Disability Employment Initiative (DEI) and Ticket-to-Work (Ticket) Programs.

Money Matters: Making Money Work for You: January 16 from 10 a.m. – 12 noon

Learn how to direct your money instead of wondering where it went. Learn the steps to budgeting. Identify ways to decrease spending and increase income while prioritizing bills. Understand the importance of monthly income and expense tracking.

Veterans' Employment Connection: January 16 from 1 – 3 p.m.

This monthly orientation for veterans provides an overview of *American Job Center* employment services. It also includes information about upcoming recruitments and hiring initiatives, career fairs, and local events of interest to veterans. Learn how to be referred to employers who want to hire veterans, how to receive job leads, and how to post your résumé where employers can see it.

Manufacturing Jobs for Everyone!: January 16 from 2 – 3:30 p.m.

Manufacturing jobs are in huge demand. There is a job for just about everyone – man or woman – from entry level to highly skilled. Find out about job opportunities and how to prepare for a career in manufacturing. Learn about the Manufacturing Pipeline and the free training – classroom or online – offered to help you get a great paying job in manufacturing.

Advanced Email: January 22 from 9 a.m. – noon

Learn how to effectively email employers. Create an effective subject line. Learn how to attach resumes in the correct format and practice writing/emailing persuasive cover letters. This is a three-hour workshop. Please bring your email address and password.

Applying Online - The Basics: January 22 from 1 – 4 p.m.

Learn the basics of applying online, including use of job search engines, emailing employers, and attaching and inserting résumés to online applications and emails.

Advanced Word: January 23 from 9 a.m. – noon

Bring your Word skills to the next level! Do you know the best résumé format to use for an Applicant Tracking System? Come to Advanced Word and find out. Learn how to create bulleted lists and insert hyperlinks, tables and more. This is a three-hour, hands-on workshop. Some experience with MS Word is

preferred.

***CTHires* – Résumé Builder: January 23 from 1 – 4 p.m.**

This workshop focuses on building and completing a résumé in the *CTHires* online employment system. It provides opportunities to review and update your *CTHires* profile, including job skills, and do a comprehensive résumé build with the assistance of the workshop instructor. Also learn to download, print, and email your résumé from *CTHires*.

***Google Docs* Made Easy: January 29 from 9 a.m. – noon**

Improve your computer skills and learn how to use *Google Docs* now – don't be left behind! Learn how to use *Google Docs* in a fun, stress-free environment. Hands-on practice creating and editing documents. Explore how to share and collaborate documents with multiple people. This is a three-hour hands-on workshop. Please bring your Gmail address and password.

Creating A Job Search “Elevator Pitch:” January 29 from 1 – 4 p.m.

In this three-hour workshop, learn how to create the perfect 30- or 60-second “elevator pitch” to introduce yourself to potential employers. Explore how to identify or create a networking opportunity and effectively engage during a networking opportunity. Useful for all job seekers that are unfamiliar or out of practice with networking, and those that are using LinkedIn.

Networking with LinkedIn: January 30 from 1 – 4 p.m.

Learn how to create or update a LinkedIn profile, how to build your online network, and how to enhance your job search through online networking. Attendees will be encouraged to join relevant professional groups available through LinkedIn to expand their electronic network. The workshop also includes information about how to use local labor market information to identify, research, and approach local employers.

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