



## **Montville *American Job Center* Offers August Employment and Training Workshops**

WETHERSFIELD, July 25, 2018 – The Montville *American Job Center* located at 601 Norwich New London Turnpike, Uncasville, is offering a variety of employment and training workshops to area residents in August. Advance registration is encouraged due to space limitations. Please go to [CTHires.com](http://CTHires.com) or call (860) 848-5240 to register.

**Interviewing Strategies and Techniques** – Learn how to strategically prepare for critical job interview questions. Topics include company research, developing a candidate message, questions to ask the employer, closing the interview, and following up.

**August 1 (1 – 4 p.m.) or August 17 or August 31 (9 a.m. – 12 p.m.)**

**Job Corps Orientation** – An overview of the Job Corps educational program, trades offered, where they are located, and expectations for Job Corps students. Also receive information about eligibility and the process to enroll in the program. This is the starting point for any prospective Job Corps student.

**August 1, 8, 15, 22, or 29 (9 a.m. – 1 p.m.)**

**Fundamentals of Résumé Writing** – Learn how to write a focused résumé needed to secure job interview and employment offers. Topics include thinking like an employer, developing essential parts of the résumé, keywords, relevant vs. irrelevant information, formatting and cover letters.

**August 3 (9 a.m. – 12 p.m.) or August 8 or August 22 (1 – 4 p.m.)**

**Computers Made Easy** – Provides the basic aspects of how computers work, basic computer operations and terminology for Windows 7. Topics include basic file management, using *Help* and *Support* features, Internet searches, and how to identify secure sites. This workshop is for individuals who have never used a computer or who need a refresher on computer use.

**August 3 (9:30 a.m. – 12:30 p.m.)**

-more-

**Media Contact:** Nancy Steffens, Communications Director

200 Folly Brook Boulevard, Wethersfield, CT 06109-1114

Phone: (860) 263-6535 – Fax: (860) 263-6536 – [www.ct.gov/dol](http://www.ct.gov/dol)

An Equal Opportunity/Affirmative Action Employer



**Résumé Critique** – Have your résumé reviewed by a Certified Professional Résumé Writer trained in developing documents that generate job interviews. Receive objective and unbiased feedback to assist in addressing problematic issues or areas needing improvement.

**August 6, 13, 20 or 27 (9 – 10:15 a.m.)**

**Introduction to Microsoft Word** – Learn how to create a document, save it to a disk, open and close it, make changes, and print it. **PREREQUISITE:** Must possess basic knowledge of computers or have attended the *Computer Basics Workshop*.

**August 7 and 8 (9:30 a.m. – 12:30 p.m.)**

**Health Careers Orientation** – An overview of in-demand careers in healthcare, job skills and available certificate and degree programs. Also receive information about financial assistance.

**August 7 (10 – 11:30 a.m.)**

**Metrix Learning** – An orientation to online training through the Metrix Learning System. E-Training licenses allow 90 days of 24/7 unlimited access to more than 5,000 courses (IT, desktop computer skills OR healthcare education). Learn new skills or upgrade existing skills to help find the job you want or enhance your career.

**August 7 (1:30 – 3:30 p.m.) or August 22 (9:30 – 11:30 a.m.)**

**Employability Skills for Ex-Offenders** – Focused on helping ex-offenders market themselves to potential employers. Attendees will learn how to answer challenging questions on applications and interviews.

**August 8 (1 – 4 p.m.)**

**Confidence Makeover: Rebound & Recover** – Presents an outline of how to work toward a concrete confidence makeover by suggesting a variety of specific techniques and practical confidence-building tips that can make a significant difference in being the right candidate.

**August 9 (9 a.m. – 2 p.m.)**

**Creating A Job Search “Elevator Pitch”** – Learn how to create the perfect 30- or 60-second “elevator pitch” to introduce yourself to potential employers. Explore how to identify or create a networking opportunity and effectively engage during a networking opportunity. Useful for all jobseekers unfamiliar or out of practice with networking, and those that are using *LinkedIn*.

**August 9 (9:30 a.m. – 12:30 p.m.)**

**Successful Job Search Strategies** – Discover how to find and apply for jobs not listed in the classified section. Learn to use traditional job search techniques more effectively and how to research companies, use the Internet and search agents as a job search tool, and how to post your résumé on the *CTHires* online employment system. Explore *CTHires* and other sites for private, state and federal employment opportunities, as well as labor market information.

**August 10 (9 a.m. – 12 p.m.) or August 29 (1 – 4 p.m.)**

**Get Back to Work** – Gain a full understanding of *American Job Center* services, learn about workforce advisor options (including training guidance), and build your next steps toward employment.

**August 10 (1 – 3 p.m.) or August 20 (9:30 – 11:30 a.m.) or August 29 (2 – 4 p.m.)**

**TRCC SNAP Scholarship Orientation** – If you are receiving SNAP (food stamps), you may be eligible for free job-related, noncredit training at Three Rivers Community College in Norwich. Offerings include CNA, Patient Care Tech, Pharmacy Tech and Security Officer Certification. Learn more at this orientation.

**August 14 (1 – 2:30 p.m.)**

**Email Skills for Jobseekers** – In this is a six-hour workshop conducted over two days, learn how to compose and reply to emails, and attach résumés to emails. Practice responding to a job posting via email while using a practice cover letter and résumé. Geared for jobseekers emailing résumés to employers; the instructor will help attendees obtain an email address if needed.

**August 15 and 16 (9:30 a.m. – 12:30 p.m.)**

**Ticket to Work Orientation** – Learn about Social Security’s Ticket to Work program and how it supports career development for people with disabilities who want to work. Social Security disability beneficiaries age 18 through 64 qualify. The Ticket program is free and voluntary. Attend to learn how the Ticket program helps people with disabilities progress toward financial independence.

**August 15 (1 – 2 p.m.)**

**CTHires – Résumé Builder** – Focuses on building and completing a résumé in the *CTHires* online employment system. Provides opportunities to review and update your *CTHires* profile, including job skills, and do a comprehensive résumé build with the assistance of the workshop instructor. Also learn to download, print, and email your résumé from *CTHires*.

**August 15 (1 – 4 p.m.)**

**Applying Online: The Basics** – Learn the basics of applying online, including use of job search engines, emailing employers, and attaching and inserting résumés to online applications and emails.

**August 22 (1 – 4 p.m.)**

**Networking with LinkedIn** – Learn how to create or update a *LinkedIn* profile, how to build your online network, and how to enhance your job search through online networking. Attendees will be encouraged to join relevant professional groups available through *LinkedIn* to expand their electronic network. It also explains how to use local labor market information to identify, research, and approach local employers.

**August 23 (9:30 a.m. – 12:30 p.m.)**

**Do What You Are: Meyers Briggs** – Take charge of your career with the help of the Myers Briggs Type Indicator Assessment. Explore suitable careers, identify personal strengths and weaknesses, and learn effective job search techniques.

**August 24 (9 a.m. – 2 p.m.)**

**In-Demand Jobs in Eastern CT** – Our On-the-Job Training (OJT) programs may provide the competitive edge to get hired. Explore in-demand jobs in advanced manufacturing, technology or engineering, and the skills employers want.

**August 29 (1 – 2:30 p.m.)**

###