



Hamden American Job Center Offers March Employment and Training Workshops

WETHERSFIELD, February 14, 2018 – Connecticut Department of Labor employees in the agency’s Hamden *American Job Center*, 37 Marne Street will offer a variety of training and employment workshops in March to assist area residents. Advance registration is encouraged due to space limitations. Please call (203) 859-3200 to register for these no-cost workshops.

Interviewing Strategies & Techniques: Learn interview preparation and techniques and discover the best way to respond to questions from an interviewer, how to negotiate a “win-win” package, and learn what to say and when and how to say it.

March 2 (9 a.m. – 12 p.m.) and March 19 (1 – 4 p.m.)

Fundamentals of Résumé Writing: This workshop provides the valuable information you need to create a professional résumé.

March 5 (9 a.m. – 12 p.m.) and March 15 (1 – 4 p.m.)

Veterans’ Workshop: Veterans are encouraged to participate in this workshop that covers the basics of developing an effective résumé. Topics include translating military skills and accomplishments into civilian terminology, understanding federal résumé formatting, and common résumé mistakes to avoid. There is ample time for participants to ask questions of members of the Connecticut Department of Labor’s Office for Veterans’ Workforce Development.

March 7, 14, 17, 21, or 28 (1 – 3 p.m.)

Successful Job Search Strategies: Attendees will learn useful job search strategies and gain pointers on telephone skills, networking, the hidden job market and interviewing.

March 12 (9 a.m. – 12 p.m.)

Over 40 and Looking for Work: Participants will discuss the challenges and employer expectations for older workers and develop strategies to successfully mitigate possible stereotyping that may occur during the hiring process.

March 23 (9 a.m. – 12 p.m.) and March 8 (1 – 4 p.m.)

-more-

Media Contact: Nancy Steffens, Communications Director

200 Folly Brook Boulevard, Wethersfield, CT 06109-1114

Phone: (860) 263-6535 – Fax: (860) 263-6536 – www.ct.gov/dol

An Equal Opportunity/Affirmative Action Employer



MEDIA RELEASE

CT Department of Labor *Communications Office*
Commissioner Scott D. Jackson

-2-

Résumé Critiques: Résumés are reviewed in half-hour intervals Mondays and Fridays by appointment. Please bring a hard copy of your résumé to receive unbiased feedback to assist you in addressing problematic issues, along with identifying areas for improvement. Participation in the *Fundamentals of Résumé Writing* workshop is recommended before scheduling a critique.

Needs Assessments: Conducted in 45-minute intervals, by appointment, every Friday. These sessions offer one-on-one career exploration with a Career Development Specialist. Attendees will review individual career needs and create an individual employment plan.

###