



## MEDIA RELEASE

CT Department of Labor *Communications Office*  
Sharon M. Palmer, Commissioner

# Hamden American Job Center Offers October Employment & Training Workshops

WETHERSFIELD, September 10, 2015 – Connecticut Department of Labor employees in the agency’s Hamden *American Job Center*, located at 37 Marne Street, will offer a variety of training and employment workshops in October to assist area residents. Advanced registration is encouraged due to space limitations. Call (203) 859-3200 to register for these no-cost workshops.

**Fundamentals of Résumé Writing offered (9 a.m. – 12 p.m.) October 6 and October 22:** This workshop will provide you with the valuable information you need to create a professional résumé.

**Interviewing Strategies & Techniques offered (9 a.m. – 12 p.m.) October 7 and October 29:** Learn interview preparation and techniques and discover the best way to respond to questions from an interviewer, how to negotiate a “win-win” package, and learn what to say and when and how to say it.

**Veterans’ Workshop offered (1 – 3 p.m.) on October 7, October 14, October 21 and October 28:** Veterans are encouraged to participate in this workshop, which covers the basics of developing an effective résumé. Topics covered include: translating military skills and accomplishments into civilian terminology; understanding federal résumé formatting and common résumé mistakes to avoid. Ample time will be allowed for participants to ask questions of members of the Connecticut Department of Labor’s Office for Veterans’ Workforce Development.

**Successful Job Search Strategies offered (9 a.m. – 12 p.m.) October 8 and October 27:** Attendees will learn useful job search strategies and gain pointers on telephone skills, networking, the hidden job market and interviewing.

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