



MEDIA RELEASE

CT Department of Labor *Communications Office*
Sharon M. Palmer, Commissioner

CONN-OSHA Offers September 9 Class: Safe Driving – Get There Safely Every Time

WETHERSFIELD, August 18, 2015 – Have you gotten complacent about driving and think that some fine-tuning about the rules of the road might be a good idea?

Long-time motorists, as well as novice drivers, will be able to hone their skills and pick up some helpful tips during a September 9 *Safe Driving – Get There Safely* class sponsored by the Connecticut Department of Labor's Division of Occupational Safety and Health (CONN-OSHA). The class will be held from 10 a.m. to 12 p.m. in the agency's Central Office, located at 200 Folly Brook Boulevard, Wethersfield.

"According to the U.S. Department of Labor, work-related crashes are the leading cause of occupational fatalities," explains CONN-OSHA Occupational Safety Training Specialist, John Able. "Small changes in a driver's behavior can decrease the likelihood of getting in a motor vehicle accident and also increase your chances of survival in the event of a collision. This seminar focuses on the benefits of safe driving techniques with the goal of motivating participants to immediately assess their own actions and behavior behind the wheel."

The session will focus on four skills that experts believe will prevent crashes if implemented. These skills are:

- Hazard Recognition - anticipating, recognizing and reacting appropriately to hazards;
- Speed Management - managing speed so it is right for the given driving conditions;
- Space Management - maintaining a safe space with other vehicular traffic, and
- Vehicle Handling - safe vehicle handling skills under a range of road circumstances.

Admission to the Safe Driving class is free, although pre-registration is required. For more information and to register, please contact John Able at able.john@dol.gov or call him at (860) 263-6902.

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