



## MEDIA RELEASE

CT Department of Labor *Communications Office*  
Sharon M. Palmer, Commissioner

# Hamden American Job Center Offers June Employment & Training Workshops

WETHERSFIELD, May 5, 2015 – Connecticut Department of Labor employees in the agency’s Hamden *American Job Center*, located at 37 Marne Street, will offer a variety of training and employment workshops in June to assist area residents. Advanced registration is encouraged due to space limitations. Call (203) 859-3200 to register for these no-cost workshops.

**June 2: Fundamentals of Résumé Writing (1 – 4 p.m.):** This workshop will provide you with the valuable information you need to create a professional résumé.

**June 3: LinkedIn for Beginners (9 – 11 a.m.):** This workshop uses a lecture/PowerPoint based format to help participants learn the importance of utilizing *LinkedIn* and developing an effective profile page to aid in their job search.

**June 3, June 10, June 17, June 24: Veterans’ Workshop (1 – 3 p.m.):** Veterans are encouraged to participate in this workshop, which covers the basics of developing an effective résumé. Topics covered include: translating military skills and accomplishments into civilian terminology; understanding federal résumé formatting and common résumé mistakes to avoid. Ample time will be allowed for participants to ask questions of members of the Connecticut Department of Labor’s Office for Veterans’ Workforce Development.

**June 5: Successful Job Search Strategies (9 a.m. – 12 p.m.):** Attendees will learn useful job search strategies and gain pointers on telephone skills, networking, the hidden job market and interviewing.

**June 9: Fundamentals of Résumé Writing (9 – 12 p.m.):** This workshop will provide you with the valuable information you need to create a professional résumé.

**June 10: Career Exploration (9 a.m. – 12:30 p.m.):** Discover your interests, work values and abilities, and learn how to gather information and conduct an occupational search to help you make good career decisions, set goals and take action.

**June 10: Internet Job Search (1 – 3 p.m.):** This workshop will give participants an overview of job search strategies using the Internet, and will provide useful information on the most helpful websites to visit.

-More-

**Media Contact:** Nancy Steffens, Communications Director

200 Folly Brook Boulevard, Wethersfield, CT 06109-1114

Phone: (860) 263-6535 – Fax: (860) 263-6536 – [www.ct.gov/dol](http://www.ct.gov/dol)

An Equal Opportunity/Affirmative Action Employer



**June 11: Advanced Résumé Writing: (9 –12 p.m.):** This workshop goes beyond the Résumé Basics session by covering advanced formatting techniques, as well as offering pointers concerning interviewing skills, networking and the hidden job market.

**June 12: Interviewing Strategies & Techniques (9 a.m. – 12 p.m.):** Learn interview preparation and techniques and discover the best way to respond to questions from an interviewer, how to negotiate a “win-win” package, and learn what to say and when and how to say it.

**June 16: How to Apply for a State Job (9 – 11 a.m. or 11 a.m. - 1 p.m.)** In this hands-on workshop, participants will visit the Connecticut Department of Administrative Services website, as well as explore the differences between a job and/or exam announcement.

**June 17: Interviewing Strategies & Techniques (9 a.m. – 12 p.m.):** Learn interview preparation and techniques and discover the best way to respond to questions from an interviewer, how to negotiate a “win-win” package, and learn what to say and when and how to say it.

**June 17: LinkedIn for Beginners (1 – 3 p.m.):** This workshop uses a lecture/PowerPoint based format to help participants learn the importance of utilizing *LinkedIn* and developing an effective profile page to aid in their job search.

**June 18: Networking Club (1 – 3 p.m.):** Members of this group will learn how to use networking as part of their job search and other important career tips to apply to their job search.

**June 19: Fundamentals of Résumé Writing (9 – 12 p.m.):** This workshop will provide you with the valuable information you need to create a professional résumé.

**June 25: Over 40 and Looking for Work (8:30 a.m. – 12:30 p.m.):** Participants will discuss the challenges and employer expectations for older workers and develop strategies to successfully mitigate possible stereotyping that may occur during the hiring process.

**June 26: Advanced Résumé Writing: (9 – 12 p.m.):** This workshop goes beyond the Résumé Basics session by covering advanced formatting techniques, as well as offering pointers concerning interviewing skills, networking and the hidden job market.

**###**