



CONN-OSHA Safe Driving Practices Class Is May 5 at Labor Department

WETHERSFIELD, April 24, 2015 – If you’ve become complacent behind the steering wheel and think a refresher course on safe driving may be helpful, consider attending a Safe Driving seminar sponsored by the Connecticut Department of Labor’s Division of Occupation Safety and Health (CONN-OSHA).

The class will run from 10 a.m. to 12 p.m. May 5 in the agency’s Wethersfield headquarters, located at 200 Folly Brook Boulevard.

“According to the U.S. Department of Labor, work related crashes are the leading cause of occupational fatalities,” explains CONN-OSHA Occupational Safety Training Specialist John Able, who will conduct the session. “Small changes in a driver’s behavior behind the wheel; however, can decrease the likelihood of getting in a motor vehicle accident and also increase your chances of survival in the event of a collision or other serious mishap. The goal of this seminar is to explain the benefits of safe driving and motivate participants to immediately assess their own actions and behavior.”

According to Able, the session will focus on four skills that experts have identified as having “the most promise of preventing crashes if implemented.”

They include:

- Hazard Recognition - anticipating, recognizing and reacting appropriately to hazards;
- Speed Management - managing speed so it is right for the given driving conditions;
- Space Management - maintaining a safe space with other vehicular traffic; and
- Vehicle Handling – safe handling skills under a range of road circumstances.

Admission to the Safe Driving class is free, although pre-registration is required. To register, please contact Able at able.john@dol.gov or call at (860) 263-6902.

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