



## MEDIA RELEASE

CT Department of Labor *Communications Office*  
Sharon M. Palmer, Commissioner

# Waterbury American Job Center Offers October Employment and Training Workshops

WETHERSFIELD, October 2, 2015 – The Connecticut Department of Labor and the Northwest Regional Workforce Investment Board (NRWIB) are offering a variety of training and employment workshops in October to assist Waterbury-area residents. Events are held at the *Waterbury American Job Center*, 249 Thomaston Avenue. Please contact the *Waterbury American Job Center* at (203) 437-3380 to register. Advance registration is encouraged due to space limitations. The following workshops are now being offered:

**Northwest Connecticut Construction Careers:** This information session is aimed at individuals seeking employment in construction-related fields. It will provide a review of pre-employment and job training requirements. Call (203) 510-7877 to register.

**October 15 (10:30 a.m. – 12 p.m.)**

**Free Basic Computer Courses** – Contact the United Labor Agency at (203) 755–8745.

**Free Financial Aid Review** – Offered by Community College CT Talent Assistance Cooperative Educational Opportunity Center (CONNTAC) – contact Arlette Taylor at (203) 574–1140.

**Free GED classes (NRWIB)** – Contact the Northwest Regional Workforce Investment Board at (203) 574–6971.

**Simentor On-Line tutorial offered 1 – 2:30 p.m. on the following dates in October: 5, 8, 12, 15, 19, 22, 26, 29** In this first come/first served workshop, attendees will have the opportunity to view “self-paced” tutorials on résumé writing, interviewing /job seeking skills, job retention and job seeking skills for ex-offenders.

**-More-**

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**Résumé Basics:** Learn about important résumé sections, including formatting and the pros and cons of different styles.

**Oct 8 (9 a.m. – 12 p.m.)**

**October 21 (9 a.m. – 12 p.m.)**

**Résumé Critiques offered 9 – 10 a.m. on the following Friday dates in October: 9, 16, 23,**

**30.** This first come/first served, 15–minute session will provide participants with the opportunity to have their résumé critiqued by Certified Professional Résumé Writers. A typed working résumé is required.

**Myers-Briggs Type Indicator (MBTI) assessment:** MBTI, as it is often referred to, is an assessment tool that links personality type to career choices. This workshop is designed for those changing careers or anyone wishing to learn about personality styles and how they impact career choices.

**October 29 (8:30 a.m. – 12:30 p.m.)**

**Veterans Employment Services:** Eligible Veterans can receive veteran specific re-employment services. Contact Yuriy Matviyenka at 203-437-3295 ([yuriy.matviyenka@ct.gov](mailto:yuriy.matviyenka@ct.gov)), Heather Suddaby at 203-437-3297 ([heather.suddaby@ct.gov](mailto:heather.suddaby@ct.gov)), or Ron Agard at 203-437- 3294 ([ron.agard@ct.gov](mailto:ron.agard@ct.gov))

**Advanced Résumé:** Enhance the content of your current résumé by refining your summary/profile, keywords, accomplishments and achievements.

**October 22 (9 a.m. – 12 p.m.)**

**Interviewing Techniques:** Geared toward helping participants increase their understanding of the interview process and how to best address challenging questions.

**October 15 (9 a.m. – 12 p.m.)**

**Health and Life Science Career Orientation:** Explore potential training opportunities in the Health and Life Sciences fields offered through the Community College system.

**October 8 (1:30 – 3 p.m.)**

**October 22 (1:30 – 3 p.m.)**

**Access: Orientation for Persons with Disabilities (& Friends and Relatives):** An informational workshop for *American Job Center* customers with disabilities. Learn how to access various programs that offer services/supports needed to obtain and maintain employment. Emphasis on abilities, not *disabilities*.

**October 14 (1:30 – 3 p.m.)**

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**Ticket to Work – Orientation for Persons receiving SSI or SSDI benefits (NRWIB)** – Information for SSI/SSDI beneficiaries and their friends and families, about the advantages of participating in the Social Security Ticket to Work Program. The Job Center is an approved Ticket Employment Network. No obligation.

**October 28 (1:30 – 3 p.m.)**

**Pre-manufacturing Information session:** for those seeking employment in manufacturing trades. Session will review this pre-employment preparation - job training program for potential participants.

**CAMI (Connecticut Advanced Manufacturing Initiative) Orientation** –This session is a one hour review of NVCC Advanced Manufacturing Facility and Program.

**October 6 (2 – 3 p.m.)**